

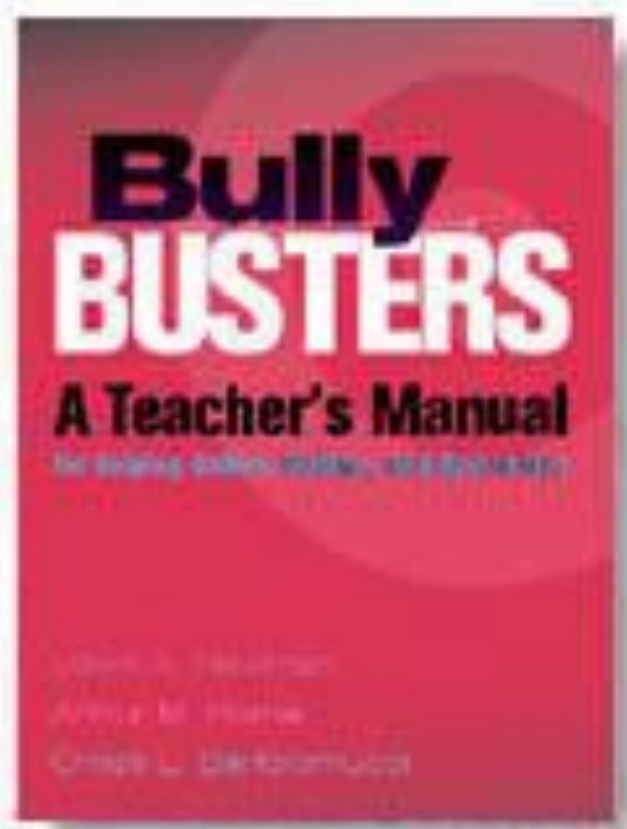
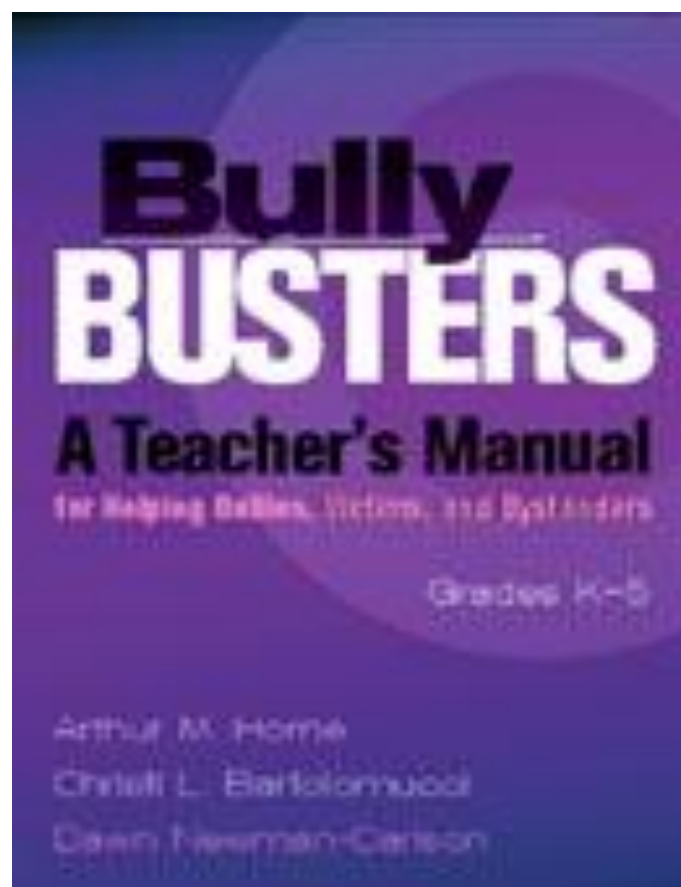
Bullying Prevention and Reduction: What Program is Right for Your School?

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Midwest Bullying Prevention Project

What do you want a program to accomplish?

- Improve awareness
- Reduce bullying
- Improve overall school climate
- Improve bystander intervention
- Improve staff involvement
- Reduce staff bullying



Bully Busters

- Developed by Dr. Arthur Horne at University of Georgia
- Grades K-5 and 6-8
- Curriculum based
- Can be implemented by individual classes or school wide (recommended)

Origins of the Bullying Prevention Program



- Strong societal interest began in Scandinavia in the late 1960s and early 1970s.
- The Bullying Prevention Program was part of a nationwide campaign against bully/victim problems in Norway in 1983.

The Olweus Bullying Prevention Program **IS...**

- Universal (a school-wide effort)
- Systems-oriented **AND** individual-oriented
- Preventive **AND** problem-solving
- Focused on changing norms and behavior
- Research-based
- **NOT time-limited:** Requires systematic efforts over time

The Bullying Prevention Program **IS NOT...**

- a **curriculum**
- a **conflict resolution approach**
- a **peer mediation** program
- an **anger management** program



Elements of the Program

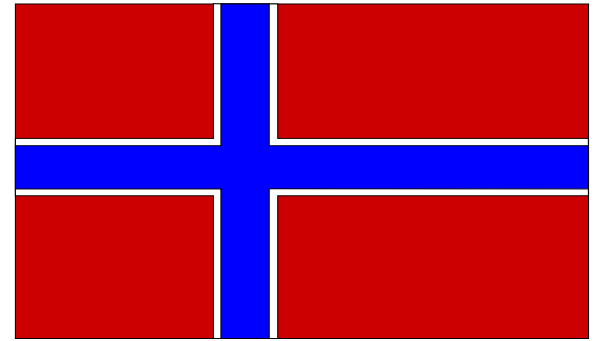
- School-wide interventions
- Classroom-level interventions
- Individual interventions
- Community interventions



Program Outcomes:

Norwegian Sample

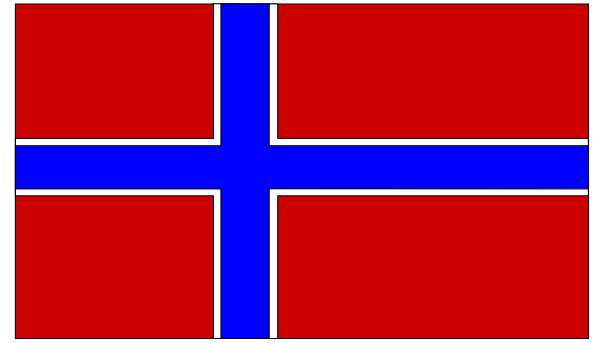
(1st Bergen Project, 42 schools, 1983-1985)



- 50%-70% reductions in students' self-reports of bullying and victimization
- Program effects were more marked after 20 months than 8 month evaluation

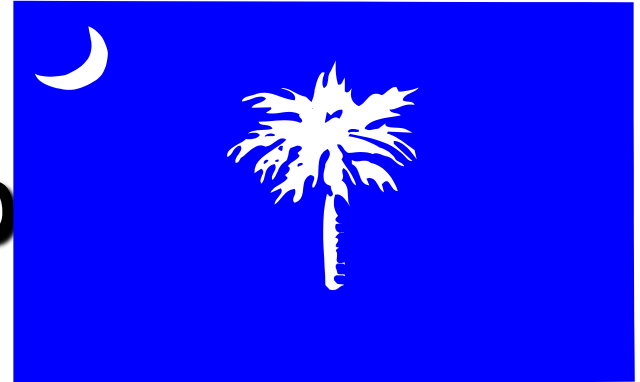
Program Outcomes: Norwegian Sample

(1st Bergen Project, 42 schools, 1983-1985)



- Reductions in self-reports of antisocial behavior such as vandalism, fighting, theft, alcohol use, and truancy
- Improvements in class "social climate"
- Similar results have been found in two follow-up studies (1997-1998; 1999-2000).

Program Outcomes: South Carolina Samp 1994



- ⌘ Reductions in students' self-reports of bullying after 7 months
- ⌘ Reductions in self-reports of other antisocial behaviors such as vandalism, school misbehavior, and punishment for school-related misbehavior

Olweus Bullying Prevention Program

- 2 day training of Bullying Prevention Coordinating Committee
- 12 follow up consultations

R time

Rtime

Relationships to improve education





R Time Background

- Developed in U.K. by Greg Sampson, Headteacher (Principal) 8 years ago
- Since then, has been implemented across the United Kingdom
- Widely implemented in Texas
- Growing in the Midwest

R Time Basics

- Designed for PreK-5
- Focus on **good manners, cooperation, respect for others**
- **Random pairing** is key delivery method
 - Pair up with new students every time
 - Opportunities to meet and learn from/about others they may not ordinarily talk with

Results of R time

- Less bullying
- More cooperation
- Acceptance of diversity
- Boundaries that separate children are broken down
- Improvement in cross-cultural cooperation
- Enjoyment in classes



Meadowbrook Elementary School, New Haven, IN R time results

- Office referrals
 - 334 School Referrals during the 07-08 school year
 - 129 School Referrals during the 08-09 school year
 - 61% decrease
- Bus referrals
 - 247 Bus Referrals during the 07-08 school year
 - 154 Bus Referrals during the 08-09 school year
 - 38% decrease

Meadow brook Elementary School, New Haven, IN R time results

- Suspensions
 - 81 out-of-school suspensions during the 07-08 school year
 - 34 out-of-school suspensions during the 08-09 school year **58% decrease**

Results

- Fewer incidents of horse-play
- Improved relationships between students from diverse backgrounds
- Students acknowledged for good behavior has increased
- More positive interactions between staff members and students
- Positive comments from parents
- Increased focus on curriculum

RISD Rtime Peer Mediation Data

- **Springridge Elementary**
 - 92% reduction in the number of peer mediations from 2007-2010
- **Carolyn Bukhair Elementary**
 - 36% reduction in the number of peer mediations from 2007 - 2010

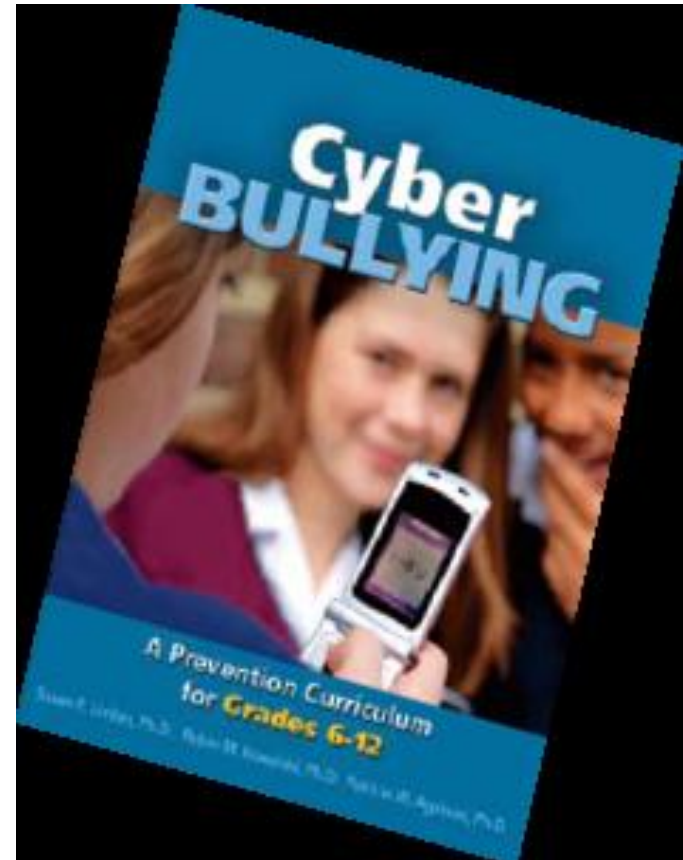
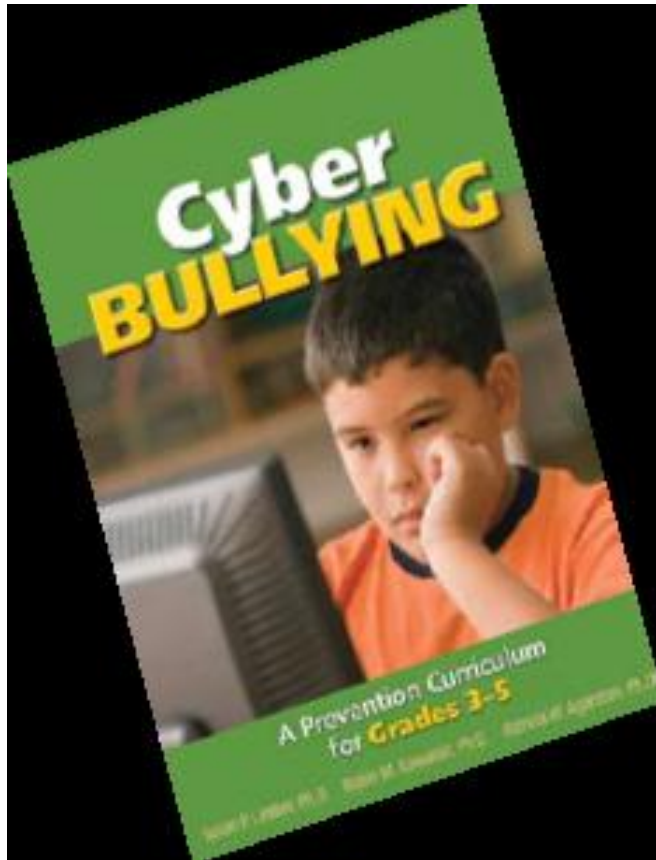
In School Suspension Reductions

- **Merriman Park Elementary (Richardson ISD, TX)** – 47% reduction in AEP placements from 2008-2010

Bullying Behavior Reductions

- **Springridge Elementary (Richardson ISD, TX)**
 - 34% reduction in office referrals for bullying from 2007- 2010

Cyberbullying series by Hazelden



Measurement

- Olweus BVQ
 - Hazelden
 - One survey for grades 3-12
- MBPP Bullying Prevention Surveys
 - Midwest Bullying Prevention Project
 - 3 surveys
 - Grades 3-5, 6-8, high school



***Midwest Bullying
Prevention Project***

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